

Brain Gym for Kids

Six Day's: 6 Hrs a day: Age 1 -5 Years

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|-----------------------------------------|---------------------------------------------|
| Body & Mind Intelligence | Brisk walking / Rhythmic Walk |
| | Step taking within the geometric constraint |
| | Stepping as per the beats-Repeat |
| | Hanging by the rope-time targets |
| | Jumping off the rope |
| | Ground level hurdle walking |
| | Level hopping |
| | Bullet target |
| | Targeting by arrow |
| | Ball catching |
| | Squash hitting |
| | Basket making |
| | Two feet landing |
| | Two feet hopping on stairs |
| Picture Intelligence | Understanding the lines |
| | Understanding the slopes |
| | Understanding the colors |
| | Understanding the expressions |
| | Understanding the sizes |
| | Photographic expressions |
| | Age distinction |
| | Gender distinction |
| | Role distinction |
| | Dress distinction |
| | |
| Verbal Intelligence | Personal profile |
| | Voice clarity |
| | Pronunciation |
| | Religious hymns |
| | Dialogues |
| | Basic acting |
| | Role plays |
| | Voice over |
| | Voice modulation & expressions |

Slogan delivery

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|-----------------------------------|---------------------------------------|
| Musical Intelligence | Clapping with Teen tal & Bhanaji Taal |
| | Rhythmic walking |
| | Cyclic acts matching the Avartan |
| | Seven basic notes |
| | Elementary sargam |
| | Recognizing sound pitch |
| | Identifying tunes |
| | Humming |
| | Playing a basic tala |
| Sing along-Karaoke | |
| People Intelligence | Pictures |
| | Picture recall |
| | Making a people story |
| | Making a people character |
| Story recall | |
| Logical Intelligence | Figures |
| | Physical math |
| | Mental math |
| | Demonstrating mathematical operations |
| | Decoding the physical operations |
| Technical Intelligence | Book assembly |
| | |
| Personal Intelligence | Knowing height/weight/strength |
| | Weight pulling capacity |
| | Weight holding capacity |
| | Self face identification |
| | Recognizing one's own voice |

Rs 3000/- Per Child



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